

BASICS INSIGHTS

3 YEARS

Science-based facts and suggested activities to boost your 3-year-old's brain development and learning!

FACT Your child may ask tons of questions. When you ask a question back, you help them develop problem-solving skills and confidence.

TRY THIS

- Involve your child in answering their own questions. When they ask a question, respond, "Hmm, what do you think?" Listen and show that you value their ideas.



**Talk, Sing,
and Point**

FACT Your child may already enjoy building things with blocks. Encouraging them to try building different types of things is a fun way to engage them and develop their thinking skills.

TRY THIS

- Help your child imagine things to build. Let them do most of the building and problem solving.
- Help a little bit if they get stuck. Ask things like, "What if you turned the block the other way?"



**Count, Group,
and Compare**

FACT Making regular visits to your local library can be a fun part of your life. Your child will look forward to the feel and smell of the library and to finding new things to read.

TRY THIS

- Visit the library and find some new books. Perhaps your child can get their own library card.
- From now on, make the library a regular part of your child's life.



**Read and
Discuss
Stories**

The Basics Principles are 5 FUN, SIMPLE, POWERFUL WAYS

To give your child a great start!



Maximize Love, Manage Stress

Children thrive when their world feels loving, safe, and predictable. Respond with smiles, words, and touch to show your love. You will help them develop a sense of security and self-control.



Talk, Sing, and Point

Babies learn language from the moment they are born. Respond to their sounds, and later, their words. Connect with eye contact and point to help them know what you are talking about.



Count, Group, and Compare

Every child's brain is wired for math. Talk about numbers, shapes, patterns, and comparisons as you go about your routines together. Watch your child learn to love math.



Explore Through Movement and Play

Babies are like scientists who love making discoveries. Watch to see what interests your child, then encourage their curiosity and help them learn when they play and explore.



Read and Discuss Stories

Reading turns kids into confident thinkers. Make books a regular part of your relationship from the very beginning. Talk about the pictures. Make it fun.



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